



PRESCHOOL READINESS CHECKLIST

HOW DO I KNOW IF MY CHILD IS READY?



As you consider whether or not you and your child are ready for this new chapter in your lives please consider the following:

- My child can follow through when given 2-3 step directions.
- My child demonstrates independence. He/she is self-sufficient in basic skills such as eating and drinking, putting on and taking off coats and shoes, washing hands, cleaning up a play area and transitioning between activities.
- My child experiences ease of separation. How well does your child handle time spent apart from you? Are you ready to be apart from them?
- My child has the capacity for ongoing activity or stamina. Preschool can be an action packed day moving from one activity to the next.
- My child can communicate. He/she can express emotions, needs and requests verbally.
- My child demonstrates socialization. He/she shows an ability and interest in group activities; listening to a story, cooperating with other children, taking turns.
- My child is comfortable with structure: routines, transitions, rules and consequences.
- My child is potty trained. Potty trained is defined as: wearing underwear and not pull-ups; verbally identifying the need to use the bathroom; pulling down clothing to get to the toilet; wiping him/herself; independently replacing articles of clothing moved for toileting; able to wash and dry hands.